

## Newcastle Laryngeal hypersensitivity questionnaire (LHQ)

| <i>Please circle one number for each question</i>                                    | All of the time = 1<br>Most of the time = 2<br>A good bit of the time = 3<br>Some of the time = 4 | A little of the time = 5<br>Hardly any of the time = 6<br>None of the time = 7 |
|--|---|--|
| <b>A - Irritation</b>  |   |  |
| I feel phlegm and mucous in my throat  | 1    2    3    4    5    6    7   |  |
| There is a tickle in my throat   | 1    2    3    4    5    6    7   |  |
| There is an itch in my throat  | 1    2    3    4    5    6    7   |  |
|  | A1 - Irritation average   |  |
| <b>B - Obstruction</b>   |   |  |
| There is an abnormal sensation in my throat  | 1    2    3    4    5    6    7   |  |
| I have a sensation of something stuck in my throat                                   | 1    2    3    4    5    6    7   |  |
| My throat is blocked   | 1    2    3    4    5    6    7   |  |
| My throat feels tight  | 1    2    3    4    5    6    7   |  |
| There is an irritation in my throat  | 1    2    3    4    5    6    7   |  |
| I have a sensation of something pressing on my throat                                | 1    2    3    4    5    6    7   |  |
| There is a feeling of constriction as though needing to inhale a large amount of air | 1    2    3    4    5    6    7   |  |
| Food catches when I eat or drink   | 1    2    3    4    5    6    7   |  |
|  | B1 - Obstruction average  |  |
| <b>C - Pain / thermal</b>  |   |  |
| I have pain in my throat   | 1    2    3    4    5    6    7   |  |
| I have a sensation of something pushing on my chest                                  | 1    2    3    4    5    6    7   |  |
| I have a hot or burning sensation in my throat                                       | 1    2    3    4    5    6    7   |  |
|  | C1 - Pain / Thermal average   |  |

**Total A1+B1+C1** \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Vertigan AE, Bone SL, Gibson PG. Development and validation of the Newcastle laryngeal hypersensitivity questionnaire. Cough, 2014. 10:1